



SHERYL BABA

SKINCARE

710 Main Street, Yarmouth Port, MA 02675
www.SBabaSkincare.com Sheryl@SBabaSkincare.com 508-776-2942

COLLAGEN BOOSTING, CIT OR Microneedling is a fast, effective procedure that can rejuvenate and renew your skin. By creating micro-traumas in the skin, it triggers your skin's natural healing mechanisms to heal tighter and smoother. Not only can it make your skin look younger by smoothing over fine lines and wrinkles, but it can also even out your skin tone, improve scars and minimize pore size. In other words, if you've got a skin problem, microneedling might just be the solution you've been seeking!

Collagen Boosting Facial / Micro-needling Pre-Treatment Instructions

- Use agreed upon gentle cleanser and other products
- Avoid direct sun exposure or tanning bed at least 4 weeks prior to treatment and during treatment plan process.
- Do not exercise the day of or for 48 hours after the induction treatment.
- Avoid caffeine containing food or beverages day of treatment.
- Avoid medications such as: Aleve, Advil, cold remedies, Vitamin E or aspirin 5 days prior to treatment.
- Avoid Retin-A, chemical peels, injectable fillers or Botox 2 weeks prior to treatment.
- Discontinue Hydroquinone, Glycolic, Reinoids, AHA's, BHA's, Benzoyl peroxide, and any other possible irritants 3-5 days prior to treatment.
- Use a sunblock with an SPF 30+ with UVA/UVB Broad Spectrum protection daily
- If administered by SBaba Skincare: Apply topical anesthetic cream 30 minutes - 1 hour prior to procedure and reapply if necessary.
- Day of treatment wear comfortable clothing. Your top should button or zip rather than pull over the head. NO collars.
- Notify medical professional or Esthetician if you get cold sores. You will require supplement such as Lysine or an antiviral prescription to help avoid any breakout after treatment.
- If you have open cuts, wounds, abrasions, active acne or cold sores breakouts, we cannot perform the procedure in those areas.
- Eat a healthy diet, whole food vitamins and minerals.
- Drink 8 glasses of water/non-caloric fluids